



### ERYSIPELAS

Erysipelas is a distinct type of superficial cutaneous cellulitis with marked dermal lymphatic vessel involvement caused by group A  $\beta$ -hemolytic streptococcus (very uncommonly group C or G streptococcus) and rarely caused by *S. aureus*. In the newborn, group B streptococci can cause erysipelas. Lymphedema, venous stasis, web intertrigo, and obesity are risk factors in the adult patient.

In the absence of underlying edema or other skin abnormalities, erysipelas

usually begins on the face or a lower extremity, heralded by pain, superficial erythema, and plaque-like edema with a sharply defined margin to normal tissue . These findings are often

described as peau d'orange appearance. In the presence of antecedent edema or other anatomic abnormalities, the margin between normal and diseased soft tissue may be obscure, much as in primary cellulitis. There may not be an obvious portal of entry, and skipped areas may confuse the nature of the process. Facial erysipelas is less frequent than lower extremity disease and begins unilaterally but may spread by contiguity over the nasal prominence to involve the face symmetrically . The oropharynx may be a portal of entry, and throat culture may show GAS. Inflammatory edema may extend to the eyelids, but orbital complications are rare. Fever may precede local signs, and, occasionally, before distal extremity

findings, patients complain of groin pain caused by swelling of a femoral node. Lymphangitis and abscess are very rare, but the process may spread rapidly from the initial lesion. Occasionally, in addition to rapid spread of the erythematous, edematous plaque, bullae may form in the involved area.

## □ Etiology of Soft-Tissue Infections

### TYPE OF INFECTION

### MOST COMMON CAUSE(S)

### UNCOMMON CAUSES

Erysipelas

Group A streptococcus

Group B, C, and G streptococcus, *Staphylococcus aureus*

Cellulitis

*S. aureus*, group A streptococcus

Group B, C, and G streptococcus, *Streptococcus pneumoniae* ; *Pneumococcus* ;

Cellulitis in children

*S. aureus*, group A streptococcus

Group B streptococcus (neonates)

Facial/periorbital cellulitis

*S. aureus*, group A streptococcus

*Neisseria meningitidis*, *H. influenzae* (young children)

Perianal cellulitis

Group A streptococcus

*S. aureus*

Cellulitis second degree to bacteremia

*Pseudomonas aeruginosa*

*V. vulnificus*; *S. pneumoniae* group A, B, C and G streptococcus

Crepitant cellulitis

Histotoxic *Clostridia* sp., (*C. perfringens*, *C. septicum*)

*Bacteroides* sp.; Peptostreptococci; *E. coli*, Enterobacteriaceae

Cellulitis associated with water exposure

*E. rhusiopathiae* (erysipeloid)

*V. vulnificus*, *Aeromonas hydrophila*, *Moraxella morganii*, *M. fortuitum* complex

Gangrenous cellulitis (infectious gangrene)

NF

Streptococcal gangrene

Group A streptococcus

Groups B, C, and G streptococcus

Nonstreptococcal      NF

Mixed infection with one *Peptostreptococcus* ( or *Bacteroides* )

Synergistic necrotizing cellulitis

Polymicrobial                      with facultative and anaerobic organisms that originate in the intestine; one-third

Facultative

Coliforms                      :                      *E. coli, Proteus, Klebsiella*

Anaerobes

*Bacteroides*, *Peptostreptococcus*, *Clostridium*, *Fusobacterium*

Fournier gangrene

Similar to nonstreptococcal NF (type I)

Clostridial soft-tissue infections

*C. perfringens*, other histotoxic clostridial species



Anaerobic cellulitis

Anaerobic myonecrosis (gas gangrene)

Spontaneous, nontraumatic anaerobic myonecrosis

*C. septicum* (bacteremic)

Nonclostridial anaerobic cellulitis

Various *Bacteroides* sp., peptostreptococci, peptococci

Progressive bacterial synergistic gangrene (Meleney gangrene)

Mixed bacterial infection

Ulcer base

*S. aureus*

*Proteus* sp., other Gram-negative bacilli

Advancing margin

Microaerophilic or anaerobic streptococci

Gangrenous cellulitis in the immunosuppressed individual

*P. aeruginosa* (ecthyma gangrenosum)*Mucor* , *Rhizopus*, *Aspergillus*

*Bacillus* sp., other bacterial and fungal sp.

<sup>a</sup> Essentially the same as nonstreptococcal necrotizing fasciitis (NF) but with some

Recurrent erysipelas is associated with saphenous vein harvest (occasionally in association with tinea pedis) and lymphedema complicating mastectomy with axillary node dissection. In these cases, erysipelas presents with edema and erythema along lines of venectomy or nodal dissection. In addition, resultant lymphedema from a previous episode of erysipelas is a risk factor for recurrence, particularly on the lower extremities. Congenital lymphedema (Milroy disease) may also lead to recurrent erysipelas.