





Black heel (Black spot on the heel) is a common skin condition that occurs on the heel of the foot. It is caused by a fungal infection (dermatophyte) that enters the skin through a small wound or crack. The infection causes the skin to become dark and scaly. It is often associated with wearing shoes that are not properly cleaned or disinfected. The condition is usually treated with antifungal creams or ointments. In severe cases, surgery may be required to remove the infected tissue.