





## **Alopecia totalis**

Alopecia totalis is recognized by the loss of all scalp hair. Most sufferers are children and young adults (below 40 years old), though it can affect people of all ages. It can also affect the sufferer's nails, giving them a pitted, ridged or brittle appearance. The exact cause is still unknown, although current theories include an autoimmune disease, stress or suggest a genetic basis.